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SPOILER ALERT: 'LEGION' RETURNS

Tonight's Season 2 premiere is a trippy mutant Marvel masterpiece. 18

Fabscrap expands sustainable fashion mission. 6

Alain Vigneault's future with Rangers hinges on youth. 23

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5 THINGS YOU NEED TO KNOW

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JOSHUA CROUTHAMEL, FEATURES EDITOR

My favorite part of living in Queens was the access to food from around the world. In the matter of a month, I gained 10 pounds as I racked up culinary passport stamps, with New York's best collection of global cuisines at my doorstep. Well, The World's Fare will take that to a completely different level later this month. An international beer garden, installation artists and Japan's largest-ever man await. No, seriously. Wear your sumo-sized elastic waist-banded pants.

1 TRUMP DECLARES DACA DEAD, URGES BORDER FIX

President Donald Trump declared as "dead" on Monday a program that protects immigrants brought to the United States illegally as children and pressed Congress to "immediately" pass legislation to secure the U.S. border with Mexico. Trump, who has taken a hard line toward immigration, said in September he would terminate the Deferred Action for Childhood Arrivals (DACA) program introduced by his Democratic predecessor Barack Obama, but gave the Republican-controlled Congress until March 6 to replace it. Congress failed to meet that deadline, but courts have ruled the program can remain in place for now. "DACA is dead because the Democrats didn't care or act, and now everyone wants to get onto the DACA bandwagon," the Republican president said in a Twitter post. It was unclear whether Trump, in any new immigration legislation, would support safeguards for people protected by DACA. The White House did not respond to requests for comment. Democrats blamed Trump for the tenuous status of a program that shielded hundreds of thousands of immigrants, called Dreamers, from deportation and gave them work permits. ***Read more on page 10.***

2 WALL STREET TUMBLES ON TRADE WAR WORRIES

Wall Street shares plunged on Monday as investors fled technology stocks amid resurgent trade war worries, with key indexes trading below their 200-day moving averages and the S&P 500 closing below that pivotal technical level for the first time since Britain's vote to leave the European Union in June 2016. The first trading day of the second quarter began with a broad selloff concentrated in the technology and consumer discretionary sectors, as losses by Amazon, Tesla and Microsoft, among others, took center stage from retaliatory trade measures China unveiled on Sunday. "It's more complicated than just a tech selloff. What's hurting everything is that the S&P went through its 200-day moving average," said Brian Battle, director of trading at Performance Trust Capital Partners in Chicago. The Dow Jones Industrial Average fell 458.92 points to 23,644.19 after dipping below its 200-day moving average. The S&P 500 fell 58.99 points to 2,581.88, and the Nasdaq Composite dropped 193.33 points to 6,870.12. Amazon was the biggest drag on the S&P 500, down 5.2 percent, as President Donald Trump continued his Twitter attacks on the online retailer.

3 CONFISCATED BIKES PILE UP

Aerial view of shared bikes piled up at an open space in Hongshan District on Monday in Wuhan, China. Urban management officers confiscated these shared bikes that were left on the streets and walkways and rounded them up in the open space.

GETTY IMAGES

4 SUPREME COURT REJECTS ABORTION VIDEO CASE

The Supreme Court on Monday rejected a bid by anti-abortion activists to win the release of videos they surreptitiously recorded at meetings of abortion providers. The justices declined to take up appeals by the abortion opponents and left in place a lower court's ruling blocking the release of videos that had the aim of exposing alleged illegal sales of aborted fetal tissue for profit. The trial judge in the case concluded there was no evidence of criminal wrongdoing by the abortion providers captured in the videos. The activists, including anti-abortion group Center for Medical Progress founder David Daleiden, recorded the videos in 2014 and 2015 at annual meetings of the National Abortion Federation, a nonprofit organization representing abortion providers including affiliates of Planned Parenthood. Planned Parenthood has said the videos were heavily edited to leave a false impression of wrongdoing. The National Abortion Federation in 2015 sued Daleiden, the California-based Center for Medical Progress and former center board member Troy Newman to stop the release of videos.

5 FORMER CELLPHONE EXEC GETS 10 YEARS FOR TEXTS

A former mobile phone industry executive was sentenced on Monday to 10 years in prison after being convicted on charges that he engaged in a scheme to defraud millions of consumers by charging them for unwanted text messages. Darcy Wedd, the former chief executive of Mobile Messenger, was sentenced by District Judge Katherine Forrest in Manhattan after a jury found him guilty of wire fraud and conspiracy charges, prosecutors said. A lawyer for Wedd, 40, did not respond to a request for comment. Wedd is one of eight people to be convicted on charges related to their participation in the fraud, which involved forcing consumers to pay monthly fees for unsolicited, recurring text messages without their knowledge or consent. Prosecutors said that Wedd's company compiled, or "aggregated," charges for premium text messaging services like horoscopes, celebrity gossip and trivia on consumers' mobile phone bills. The company worked with four content providers who sent consumers the unwanted texts, which involved a practice called "auto-subscribing," prosecutors said.

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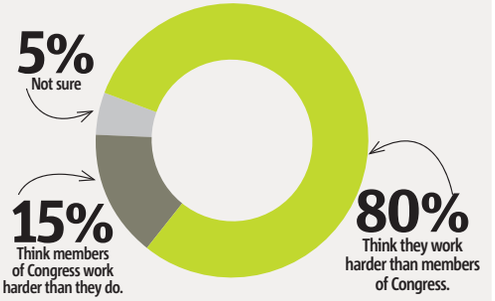

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NYC politicians, transit advocates react to Cuomo's 2019 state budget

The budget does not include a congestion pricing plan, but does feature a $2.75 surcharge on for-hire vehicle rides south of 96th Street in Manhattan.

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Some New York City politicians and transit advocates are speaking their minds about the $168 billion 2019 budget that Gov. Andrew Cuomo and state lawmakers passed late Friday night.

The budget includes a $2.75 surcharge on for-hire vehicles, $2.50 for yellow cabs and $0.75 pooled rides below 96th Street in Manhattan to offset congestion and create what Cuomo called a "long-term funding stream" for the city's mass transit system. It also funds half of the $836 million MTA Subway Action Plan and will expand the city's Bus Camera program by adding at least 50 new traffic-monitoring cameras to enforce bus lane violations.

However, the budget will not see the adoption of the Cuomo-appointed Fix NYC panel's recommendations on a congestion pricing plan for Manhattan motorists, which many advocate were hoping to be a primary funder for the extensive repairs needed on the city's aged transit system.

"Our transit system is on life support. Fixing our transit system should have been Albany's first priority this year; unfortunately, the final budget does not offer a credible plan to modernize the MTA, nor provide a sufficient revenue stream to make it possible," Transportation Alternatives, The Straphangers Campaign, Riders Alliance and StreetsPAC said in a joint statement.

"Our transit system is on life support. Fixing our transit system should have been Albany's first priority this year ..."

Transportation Alternatives, The Straphangers Campaign, Riders Alliance and StreetsPAC, in a joint statement.

"If the governor is serious about alleviating the crisis, he must ensure that the initial steps laid out in this budget — for-hire vehicle surcharges, bus lane expansion and enforcement — be the catalyst for meaningful reform."

The New York League of Conservation Voters said the FHV surcharge is a "good first step toward reducing automobile emissions and raising new revenues for the MTA, but we need real congestion pricing, which means at a minimum using a portion of the new revenues to begin the construction of cordon infrastructure and address transit deserts."

Brooklyn Assemblymember Robert Carroll said the new FHV surcharges will generate a dedicated $400 million annually for the MTA capital plan, but it is "a small step" toward the agency's needs.

The new budget will not see the adoption of the Cuomo-appointed Fix NYC panel's recommendations on a congestion pricing plan for Manhattan motorists to help improve the transit system. PIXABAY

The surcharge is "going to devastate an entire workforce and industry. Yellow cabs have already contributed close to $1 billion since 2009," New York Taxi Workers Alliance Executive Director Bhairavi Desai told the New York Post. "Once again Albany is letting these Wall Street-bankrolled companies write the laws while we bury drivers dead from financial devastation."

50

Additional traffic-monitoring cameras to be added to enforce bus lane violations, according to the new budget.

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With new Brooklyn warehouse, Fabscrap weaves even bigger swatch of fashion sustainability

The textile reuse and recycling resource nearly doubled its reach with a new facility inside the Brooklyn Army Terminal.

NIKKI M. MASCALI
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Fabscrap has been at the forefront of fashion sustainability in New York City since its founding in 2016, and now that the nonprofit is settling into its new warehouse space in the Brooklyn Army Terminal, it's poised to make an even bigger difference in reducing and reusing textile waste.

"I know this is intended to be a hub for the fashion community, so being in the center of that is huge," founder Jessica Schreiber told Metro during a tour last week. "And we're also exploring how we can accept drop-offs, not just pickups, and what that means in how many more clients we can serve and how much more quickly we can sort. I think everything is much more scalable when you have the space and time to do it."

Fabscrap, which nearly doubled the size of its former Jamaica location with 4,100 square feet of space at BAT, currently picks up discarded fabrics from more than 150 fashion designers like Marc Jacobs, Oscar de la Renta and J.Crew.

Textiles are sorted by its 600 volunteers, who are paid in fabric, and items that are not proprietary are resold in New York and beyond thanks to the nonprofit's new e-commerce store. Fabrics with logos are sent to a shredder in New Jersey, who repurposes the scraps into insulation, carpet padding and more.

While Camille Tagle, co-founder and director of reuse partnerships, said that Fabscrap is "getting floods of orders from people everywhere" via the online store, there is a bit of a "wow" factor in seeing the warehouse in person, where mountains of bags await sorting in the intake area and colorful fabrics are ready for their future fashions in the separate retail area.

> **"The industry's been so supportive. I feel like we hit a nerve."**
> Jessica Schreiber

"The benefit of people coming in is seeing that pile and not only seeing the volume of the waste but how beautiful the stuff we have in here is. I think it really drives the message home of what we're doing," Schreiber said.

Fabscrap doesn't just help make the fashion industry more sustainable, it also gives its shoppers and volunteers a crystal ball into coming trends.

"Without realizing it, they're getting a little bit of trend forecasting because we're working with really well-known brands and see what they're sampling this year," Schreiber said.

A life in waste

Schreiber got her start in fashion sustainability by, quite literally, spending some quality time with New York City's trash as an intern with the Department of Sanitation.

"One of my favorite projects was sorting New York City garbage. We

Fabscrap co-founders Jessica Schreiber, left, whose background is in waste management, and Camille Tagle, a former eveningwear designer who runs the reuse side of the nonprofit. ALL PHOTOS NIKKI M. MASCALI

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Fabscrap gives its shoppers a crystal ball into coming trends by revealing what clothes the big brands are sampling.

would go to a transfer station and sort trash," she said. "It's disgusting, but I loved it because you learn so much about a culture by what people don't think is valuable."

She was eventually hired to run the department's then-new clothing recycling program and piloted the city's curbside clothing collection, which knitted the fabric of Fabscrap, the idea for which she pitched and partly funded on "Project Runway Fashion Startup."

"Camille came on as co-founder to really oversee the retail side and reuse side. My background is waste management, so asking me what that fabric is good for, I don't know — it's purple," Schreiber said with a laugh.

Tagle loved working as a luxury eveningwear designer but became interested in fashion sustainability after witnessing the industry's waste firsthand.

"When I transitioned to a mass-market company is when it really hit me and was the final straw to make a career switch because I couldn't contribute to the problem," she said.

Fabscrap last year recycled just over 70,000 pounds of textiles — and has already surpassed that number by 30,000 pounds this year, Schreiber said.

"We're bringing in about a ton a week, and that was with two pick-ups a week, and we're already expanded to three since moving here, so it's going to continue to scale," she added. "The industry's been so supportive. I feel like we hit a nerve. Students feel like they're giving back, shoppers feel like they're saving things from landfills, and companies feel like they're not being so wasteful."

Fabscrap will hold a warehouse warming party on April 29 from noon to 4 p.m. for anyone interested in volunteering or learning more about the organization.

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With nearly 5 inches of snow recorded in Central Park, the city had its biggest April snowstorm in 15 years. GETTY IMAGES

Biggest April snowstorm since 2003 hits NYC

With nearly 5 inches of snow recorded in Central Park, the Yankees' home opener was postponed to Tuesday.

NIKKI M. MASCALI
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The month may have just changed, but Monday's weather in New York City looked very familiar after the nor'easter-filled March we saw here in the metro region.

While Monday's storm thankfully wasn't expected to hit nor'easter level, the area remained under a 12-hour Winter Weather Advisory until 2 p.m., and National Weather Service forecasters expected up to 6 inches of snow until the early afternoon, with an estimated 1 to 2 inches falling per hour.

According to NBC4, 4.8 inches of snow was recorded in Central Park, to give the city its largest April snowstorm since 2003.

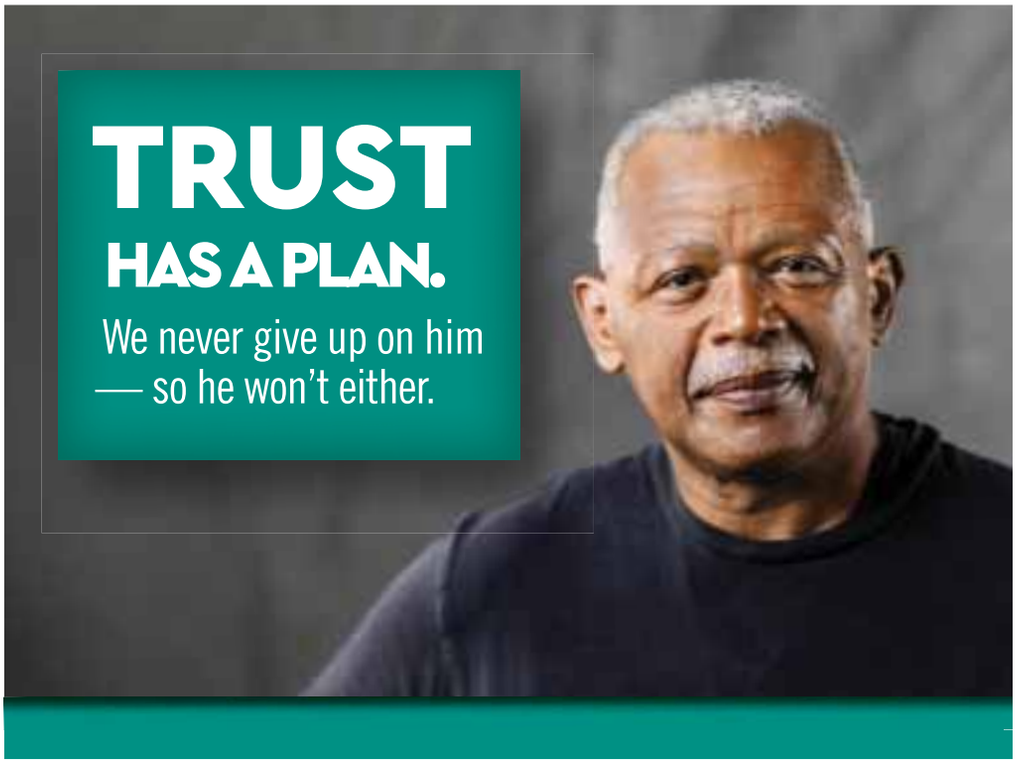
As a result, the New York Yankees postponed Monday's home opener at Yankee Stadium against the Tampa Bay Rays until Tuesday. While temperatures for Tuesday's game were expected to be in the mid 40s, you'll want to wear rain gear as showers were expected for much of the day.

There were no weather-related issues on MTA subways, but a few sick passengers and signal issues were causing delays on several train lines during the Monday morning commute, including on the 1/2/3, 4/5/6, A/C/E, B/D/F/M and the N/Q/R/W lines. Riders on Metro-North's Hudson, Harlem and New Haven lines experienced delays of up to 10 minutes due to weather-related conditions.

Several bus lines across the five boroughs were experiencing delays and services changes due to the inclement weather, and the MTA urged motorists to avoid unnecessary travel as icy conditions could be found on the roads and ramps of city bridges and tunnels.

City schools were closed due to spring recess.

4.8
INCHES
Amount of snow recorded in Central Park on Monday



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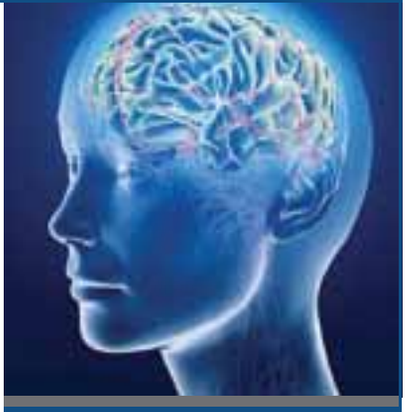

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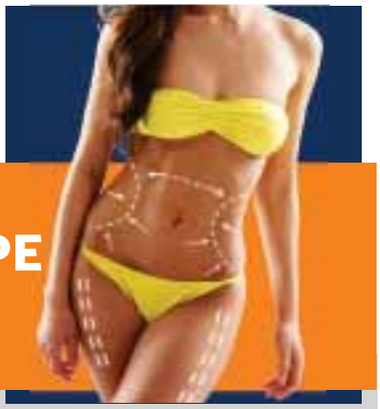

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Typically, Central Americans have not fared well with U.S. asylum claims, particularly those from Honduras. GETTY IMAGES

Migrant caravan heading to US border puts Mexico in tough spot with Trump

At some point this spring, the caravan's 2,000-mile journey will end at the southern border.

In some of the Mexican towns playing host to a "caravan" of more than 1,200 Central American migrants heading to the U.S. border, the welcome mat has been rolled out despite President Donald Trump's call for Mexican authorities to stop them.

Local officials have offered lodging in town squares and empty warehouses or arranged transport for the migrants, participants in a journey organized by the immigrant advocacy group Pueblo San Fronteras. The officials have conscripted buses, cars, ambulances and police trucks. But the help may not be entirely altruistic.

"The authorities want us to leave their cities," said Rodrigo Abeja, an organizer from Pueblo San Fronteras. "They've been helping us, in part to speed the massive group out of their jurisdictions."

At some point this spring, the caravan's 2,000-mile journey that began at Tapachula near the Guatemalan border on March 25 will end at the U.S. border, where some of its members will apply for asylum, while others will attempt to sneak into the United States.

So far the Mexican federal government has provided little guidance on how to handle the migrants but Abeja worries that local reactions will change.

"There's a lot of pressure from authorities to stop the caravan because of Donald Trump's reaction," he said.

Trump railed on Twitter against the caravan on Monday, accusing Mexico of "doing very little, if not NOTHING" to stop the flow of immigrants crossing the U.S. border illegally.

> **"There's a lot of pressure from authorities to stop the caravan because of Donald Trump's reaction."**
>
> Organizer Rodrigo Abeja

Mexico must walk a delicate line with the U.S. as the countries are in the midst of renegotiating the North American Free Trade Agreement (NAFTA). At the same time, Mexican left-wing presidential candidate Andres Manuel Lopez Obrador has an 18-point lead ahead of the July 1 election, according to a poll published on Monday.

A Lopez Obrador victory could usher in a Mexican government less accommodating toward the U.S. on both trade and immigration issues.

Mexican Sen. Angelica de la Pena, who presides over the Senate's human rights commission, told Reuters that Mexico should protect migrants' rights despite the pressure from Trump.

Former President Vicente Fox called for Mexican officials to take a stand against Trump's attacks. Trump keeps "blackmailing, offending and denigrating Mexico and Mexicans," he wrote on Twitter on Monday.

Under Mexican law, Central Americans who enter Mexico legally are generally allowed to move freely through the country, even if their goal is to cross illegally into the United States.

Migrants in the caravan cite a variety of reasons for joining it. Its members are disproportionately from Honduras, which has high levels of violence and has been rocked by political upheaval in recently following the re-election of U.S.-backed president, Juan Orlando Hernández in a disputed election. REUTERS

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Ceria Beverages, from Keith and Jodi Villa, are infused with THC. Get ready, world.

SAM BRODSKY
Samantha.Brodsky@metro.us

The creator of Blue Moon, Keith Villa, is now taking his craft beverage ventures from tangy to THC — a beer that gets you high. Pot beer, if you will.

Villa and his wife Jodi have co-founded the Colorado-based company Ceria Beverages, which is developing a line of THC-infused non-alcoholic beer "designed to deliver a consistent user experience with the same onset time as alcohol."

To be clear, beer with CBD already exists (like Two Flowers IPA from Coalition Brewing), but they only provide that "mellow" feeling since CBD, or cannabidiol, is non-psychoactive. THC, on the other hand, creates that "high."

"CBD is not the component that most consumers look for," Villa told Brewbound. "It certainly has its merits … But the THC is what gives people that buzz, which is similar to the alcohol buzz that people get from beer, spirits and wine. A lot of consumers of cannabis look for that buzz."

"Ceria will be brewed just like an alcoholic craft beer to maintain its beer taste and aroma, but will then be de-alcoholized prior to the infusion of cannabis," Villa explained in a statement on the company site.

Ceria is working with ebbu, a cannabinoid research firm also based in Colorado, to develop cannabis extract that Villa said will give consumers different sensations such as "chill, bliss or energy." They plan to have three strengths: light, regular and full-bodied.

As Brewbound relates, "According to Villa, the light beer, which will be for novice users, will offer about 1 to 6 milligrams of THC per 12-ounce bottle. Regular beers will be in the 10 milligram range, while the full-bodied offerings will be in the 15 milligram range."

In terms of taste, Villa told Metro in a statement: "If it all works correctly, we should be able to make the non-alcoholic beers with or without the smell and taste of marijuana. This will allow us to brew great tasting beers that can complement the flavors of marijuana, or taste great without the taste, but with all of the effects."

By the end of 2018, Ceria is planning to offer this THC-infused non-alcoholic beer in states that have fully legalized the use of recreational marijuana. But, naturally, it's coming to Colorado first.

NYC INSIDER TRADING TRIAL

DC insider's 'secret sauce' fueled NYC hedge fund, US says at trial

A federal prosecutor said a political consultant used his Washington contacts as his "secret sauce" to uncover market-moving tips about policy decisions from a U.S. healthcare agency, enabling a big New York hedge fund firm to conduct insider trading.

The comment by Assistant U.S. Attorney Joshua Naftalis in Manhattan federal court came on Monday as an insider trading trial got underway. All four defendants have pleaded not guilty, over the passing of "political intelligence" to Wall Street from inside the Beltway.

Prosecutors say the consultant, David Blaszczak, accepted tips from Christopher Worrall, who worked for the U.S. Centers for Medicare and Medicaid Services (CMS), about government plans to lower reimbursement rates for the costs of radiation cancer treatment and kidney dialysis.

Blaszczak, a former CMS employee, then allegedly passed tips to former Deerfield Management Co partners Ted Huber and Rob Olan, collecting fees while that hedge fund made $7 million of illegal profit.

Not all of Blaszczak's tips panned out, but Naftalis told jurors that "just because the defendants didn't bat 1.000 didn't mean they weren't playing the game."

He said Blaszczak's "network of friends was his secret sauce," while Deerfield was "in it for the money" and Worrall hoped his tips would land him a lucrative private sector job.

The alleged scheme showed an "unbroken criminal chain that went from Washington to New York," Naftalis said.

But in his opening statement, Blaszczak's lawyer David Patton said there were "zero allegations" anyone was paid for tips, and that "there was no secret mole inside" CMS, whose information was "constantly" shared outside the agency.

"If New York is the town that never sleeps, D.C. is the city that never shuts up," Patton said.

John Nathanson, a lawyer for Worrall, said much information his client had been accused of leaking was public, and denied there was any quid pro quo.

"The government's theory is he threw away 18 years of hard work," Nathanson said. "Yeah, he got opportunities. He didn't take them."

A former Deerfield partner, Jordan Fogel, has pleaded guilty and is expected to testify for the government.

He was a target of Barry Berke, a lawyer for Huber, who told jurors that Fogel had "abused his colleagues behind their back" and would "continue to abuse the truth."

Deerfield agreed last August to pay $4.6 million to settle a related U.S. Securities and Exchange Commission civil case, without admitting or denying wrongdoing.

Olan's lawyer will address jurors on Tuesday. The trial may last five weeks. REUTERS

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Why Are So Many Knee Ar
Newest Medical Proced

New York Doc's Merge Best of High Te

Fraction of the cost, less medical risk, little to no downtime and ofte

Hundreds of worst arthritis sufferers from tri-state are

By Matt Edgar

America's Health Writer

New York City - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

"We all know that countless lives are being saved every year because of early detection and better treatment" noted one of the doc's at ***NYC Pain MD*** in New York City. "*The same holds true for treating arthritis pain. I believe we are having so much success at* ***NYC Pain MD*** *because of two factors: One is we are using advanced medical technology and treatments many clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis - the better the results. The key to trying to avoid or at the very least delay knee replacement surgery is doing the correct treatment as soon as possible".*

What is the "correct treatment?"

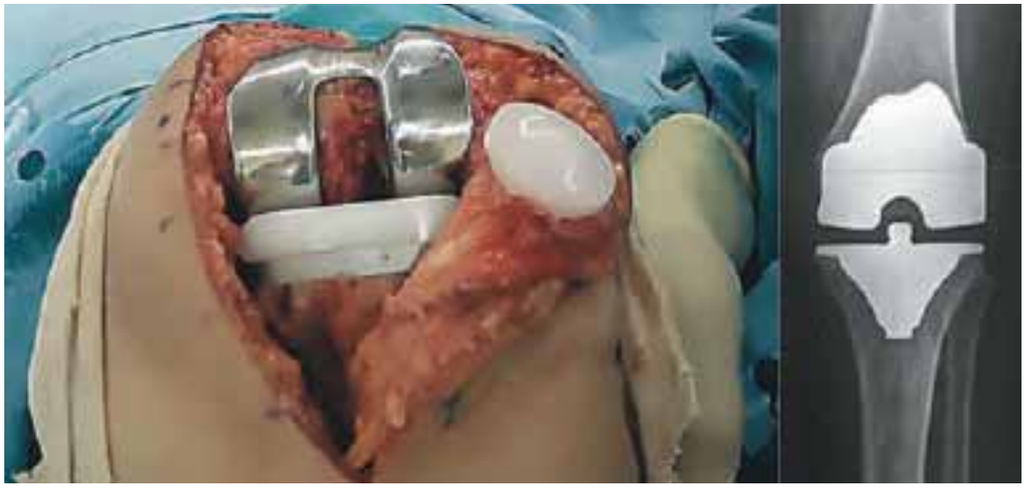
"That depends," noted the doc. *"There is no one answer when it comes to medical conditions. Knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day,"* he added.

For many knee arthritis pain sufferers the right treatment is Viscosupplementation whereby an FDA-approved preparation of Hyaluronic acid - a gel-like medicine is - applied ultra-precisely and virtually painlessly into the knee joint using *Precision Arthritis Targeting Technology.*

Hyaluronic acid is the natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early viscosusupplementation gets the best results and is so important when trying to avoid surgery.

The director of treatment believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space precisely. That's why the doctors at ***NYC Pain MD*** use advanced imaging technology to apply *Precision Arthritis Targeting* during every treatment.

A device called the "C-Arm" allows the doctor to see into the joint and actually watch the medicine be applied exactly where it is supposed to.go. Research shows that performing procedures without Precision Arthritis Targeting (P.A.T.T.) can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without Presision Arthritis Targeting Technology and did not get good results - this may be why.



Can This Be Avoided? Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife

Normal Pain-Free Knee Joint

Everyone Wants Proof:

In the artist simulated drawings, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.

Knee With Painful Arthritis

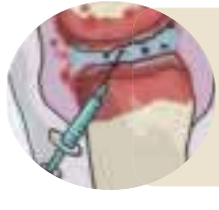
Pain -

Illustration shown is a knee joint with painful xosteo-arthritis. Arthritis causes the joint space to decrease, grinding, stiffness, decreased motion, bone spurs, swelling and a lot of pain.

Research Shows Doctors Miss The Joint Space Up To 30% Of The Time Without Advanced Imaging

Failed Treatment -

The injection (Lubrication medicine) misses the joint space. Research shows this occurs up to 30% of the time without the use of the digital imaging to guide the injection. This is why lubrication medicine may not have worked for you



Lubrication Medicine Injected Directly Into Knee Join Like "Joint Oil" using Precision Targeting Technology

Successful Treatment -

Successful Treatment - Lubrication Medicine (blue) being precisely injected directly into the knee joint using digital imaging. Advance imaging allows treatments to be as precise as possible. Lubrication medicine can lubricate the joint and decrease pain.

thritis Sufferers Choosing dures Before Surgery?

ch Medicine And All Natural Treatments

n covered by insurance amongst top reasons for high patient demand... a call weekly to find out if treatment may be right for them

If you qualify for this treatment, it might be one of the happiest days of your life.

That's because thousands of knee pain sufferers have flocked to the ***NYC Pain MD*** New York City for their brand of treatment.

Viscosupplementation is unique because - even-though it is manufactured by a pharmaceutical company, it is NOT considered a drug because it is a natural substance with an incredible story.

Why So Many Want It

You see, when you suffer with arthritis - the lubricating fluid (synovial fluid techncially) in your knee joint dries up.

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it can be excruciating.

Like "Joint Oil"

Viscosupplementation works so well because it is like 'joint oil." It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the roosters head. It is extracted from the roosters comb, purified and concentrated. They have also developed medical lubricants that are also natural but made a bit like yogurt and "cultured" into highly effective arthritis pain-fighting medical lubricants.

But...when introduced directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You can only get viscosupplementation from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

"We have been able to help so many knee pain sufferers even many who have already tried other treatments like Synvisc, Supartz, Orthovisc and even Hyalgan. This is because our treating doctors always use ***"Precision Arthritis Targeting Technology".*** *This allows us to place he Viscosupplementation exactly where is needs to be. Studies show doctors doing joint injections without Technology can miss the joint up to 30% of the time.".*

Advanced Medical Technology Can Make All The Difference: This advanced Precision Arthritis Targeting Technology using fluorososcopic imaging allows doctors to see directly into the knee joint so treatments are precise and the FDA approved lubricating medicine actually goes EXACTLY where it is supposed to. Studies show that procedures done without this technology can miss the joint up to 30% of the time. This is one reason Viscosupplementation may not have worked for you in the past. *NY Pain MD* used this P.A.T. Imaging Technology with each and every treatment.

"***NYC Pain MD*** is a state of the art medical facility offering the best technology".

And that's not all . . .

"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years or more for some patients.. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends - that's why we are swarmed. After getting treatment and feeling better, many patients have decided to cancel their total knee replacement surgeries." added one of the clinic's doctors.

How To Find Out If It Can Help You?

If you have knee pain, the ***NYC Pain MD*** doctors would like to see if you do qualify for a No-Cost, No-obligation screening to see if you may be candidate for their treatments using *Precision Arthritis Targeting Technology.*

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**EZ payment plans ($99 per month) also available*

All you have to do is call 800-885-KNEE (5633) right now. However, due to extremely high call volume, you may not get a live scheduling coordinator. In that case, do NOT hangup. Just leave a message with your name, phone number and best time for us to reach you. A patient coordinator will get back you as soon as possible to find out if you qualify for the no-cost screening and then find you an appointment time.

And here's something really important -
Viscosupplementation treatments are covered by many insurances, union plans ... even medicare. So, to schedule your no obligation screening or if you have any questions -

Call: 800 885 KNEE (5633)

Are You Qualified For Knee Arthritis Screening With *NYC Pain MD? Find Out Today*

- Do you have pain and osteoarthritis (arthritis) of the knee?
- Have you tried other treatments such as NSAIDS and other anti-inflamatory medications without success?
- Have you already tried viscosupplemention (Hyalgan, Supartz Synvisc) without satisfactory results?

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New report shows distracted driving increasing nationwide

Cambridge Mobile Telematics released new data looking at the prevalence of risky distracted driving.

KRISTIN TOUSSAINT
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April is Distracted Driving Awareness Month. GETTY IMAGES

We've all heard of the dangers of texting, tweeting or doing whatever else on your cellphone while driving, but it seems people aren't heeding those warnings. Across the country, there's actually been an increase in people driving while distracted, according to a new report.

Cambridge Mobile Telematics (CMT), the company behind the tech in apps like Boston's Safest Driver, released data from a new analysis of more than 65 million trips taken by drivers in seven cities.

"We did a similar analysis last year, and last year we observed the percentage of trips with distraction across the nation was 31 percent," said Katherine Wellman of CMT. "This year, it's up to 36 percent. It's certainly increasing rather than decreasing, and that's disconcerting."

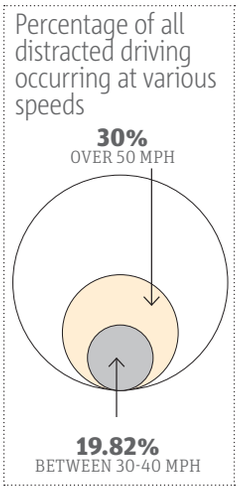
April is Distracted Driving Awareness Month, and Wellman hopes that by releasing this report, people can be more mindful of their own behavior.

According to 2016 data, motor vehicle deaths increased 14 percent over two years, and distracted driving is a factor: drivers who have been in a crash exhibited 3.4 times more distraction while driving than the average driver, CMT found.

There are three main types of distraction behind the wheel: manual (like eating or holding a drink), visual (i.e., taking your eyes off the road to change the radio) and cognitive (when your mind isn't focused on driving).

"The concerning thing about smartphone distraction is that it actually usually includes two, if not all three, of these," Wellman said. "If people are manually holding their phone, looking down at it, thinking about what they're texting or reading, then all three of these are captured and as a result, it can be very, very dangerous."

But the issue isn't exactly that drivers are unaware of the potential danger. In fact, people are really concerned about others doing it.



In a recent CMT survey, people said the thing they fear most about other drivers on the road is that they'll be distracted. This fear tops concerns about others driving while drunk, Wellman said.

BY THE NUMBERS

30 percent
of all distracted driving occurs over 50 mph

19.82 percent
of distracted driving occurs between 30 and 40 mph

2.67:
the number of seconds the average driver nationally is distracted per mile

3.4:
the number of seconds Boston drivers are distracted per mile

Nationally,
drivers are distracted for 36.06 percent of all trips

In Boston,
drivers are distracted for 36.78 percent of all trips

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A body language expert picks apart the Tiffany, Ivanka and Donald Trump dynamic

President Trump's daughters, Ivanka and Tiffany, made a rare joint appearance at his infrastructure speech last week, and it was awkward.

The president, who clearly favors Ivanka and makes no attempt to hide it, introduced the women true to form: "Ivanka, who's working hard on infrastructure. Ivanka!" he said. "And Tiffany!"

Living life as a public afterthought might cause some to cut their losses for the relative pleasures of total anonymity. Yet Tiffany showed up and made an effort. That doesn't mean she felt comfortable or that the women were particularly good at hiding intrafamilial tensions, a body-language expert consulted by Elite Daily revealed.

Tiffany, 24, seemed "out of her element" in meeting and greeting people, seeming ill at ease as she sportingly shook hands. "It is not reciprocated as people seem to ignore her and don't pay any attention to her as they do to her sister Ivanka," says Dr. Lillian Glass. "Tiffany is so awkward and feels so uncomfortable, unlike her sister, who has a powerful walk — looks straight ahead with impeccable posture — while Tiffany shows insecure posture and body language as she hunches her shoulders and looks down."

Tiffany, 24, seemed "out of her element" at a recent public event with her family, according to a body-language expert. GETTY IMAGES

Ivanka, 36, has been in the klieg lights her entire life, raised in New York as the child of Trump and his first wife, Ivana. Tiffany was raised by her mother, Trump's second wife, Marla Maples, in California. The distance is still evident even when Tiffany is on the same stage as her father, said Glass. "It's obvious that [Donald's] negative feelings toward Tiffany's mother has leaked over to Tiffany, as she is clearly not his favorite. It seems he doesn't respect her as much as he does Ivanka."

The president said it himself. In an interview with Fox News on Election Day 2016, he claimed he was proud of Tiffany "to a lesser extent" than his other children. MICHAEL MARTIN

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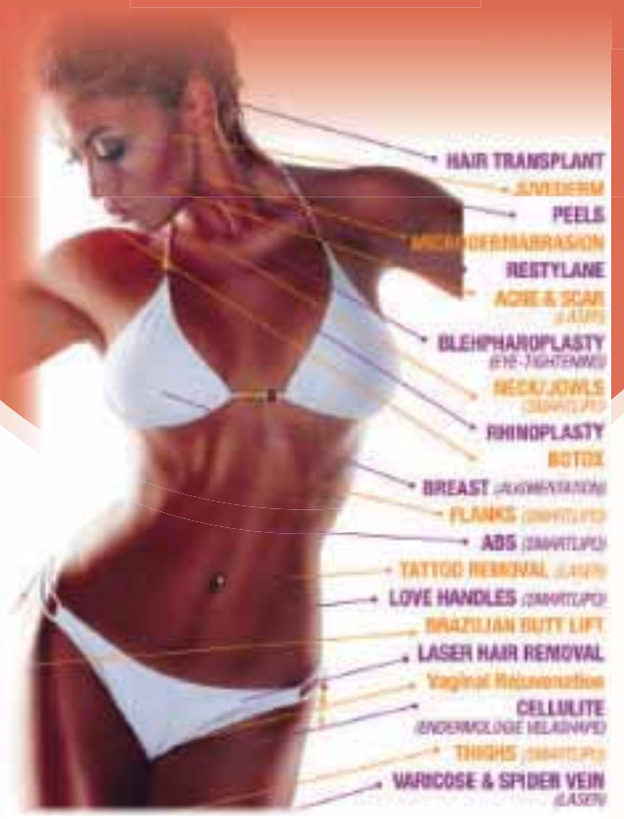

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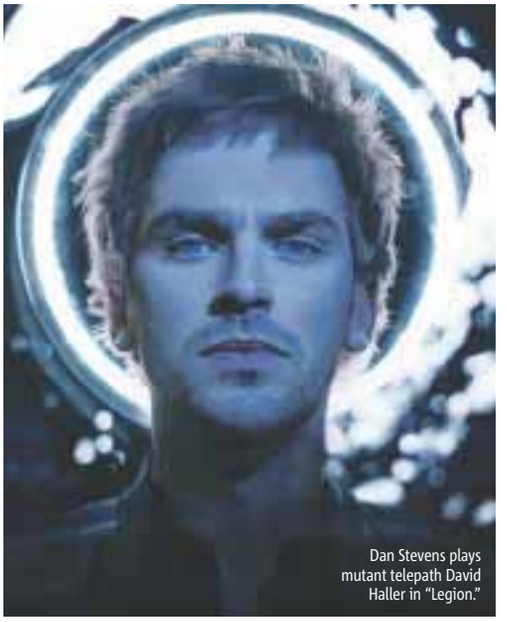
Marvel's 'Legion' Season 2 is a trippy masterpiece

FX's surreal superhero series is back and better than ever.

MATT JUUL
matthew.juul@metro.us

Take another trip down the rabbit hole with the hit FX series. ALL PHOTOS MATTHIAS CLAMER / FX



Dan Stevens plays mutant telepath David Haller in "Legion."

If Season 1 of "Legion" seemed like a hallucinogenic trip down a nightmarish rabbit hole, then Season 2 is the full realization of this terrifying, yet mesmerizing mutant wonderland.

FX's hit Marvel series, which returns Tuesday night, has somehow found a way to up the ante for 2018, taking viewers on another wild and trippy ride through the astral plane. The show continues to be a visually stunning spectacle that bucks superhero conventions, putting an avant-garde spin on the fan-favorite genre.

Created by "Fargo's" Noah Hawley, "Legion" is a very loose adaptation of X-Men character David Haller (Dan Stevens), who may be the world's most powerful telepath but is hindered by his crippling mental illnesses. However, aside from passing mentions of mutants and allusions to Haller's famous father Professor Xavier, the show tends to downplay its comic book roots.

Season 2 picks up about a year after Haller was abducted by a mysterious orb in the season one finale, although it feels like only a day has passed for the superpowered protagonist when his girlfriend Syd, (Rachel Keller), and the rest of their pals finally find him. Haller has seemingly expelled the villainous Shadow King from his mind, but now must relocate the telepathic tyrant before he reunites with his original body and becomes even more powerful.

The Shadow King is quite possibly the scariest villain on television at the moment, as Amahl Farouk has the ability to take over people's minds and bodies, forcing them to do whatever he wants or live in horrifying realities created deep within their subconscious. Aubrey Plaza brilliantly played the Shadow King in Season 1 and now shares the duties with Navid Negahban, who puts his own delightfully twisted spin on the psychic terror. "Flight of the Concords" star Jemaine Clement also gets to flex his muscles as the evil monarch, as the body of his character Oliver (another powerful telepath) is the current host for Farouk.

The new season of "Legion," of course, keeps viewers guessing as to what's real and what isn't, but builds upon this surreal world by adding in more fantastical, sci-fi elements. Haller and company have now teamed up with Division III on their quest to stop the Shadow King, a mysterious organization run by Admiral Fukuyama, the group's leader who wears a basket on his head and has a trio of mustachioed, genderfluid androids that do his bidding.

From the psychedelic visuals and peculiar characters to all those amazing dance numbers, everything about "Legion" is wonderfully strange and should no doubt captivate the imaginations of fans all season long.

"Legion" Season 2 debuts Tuesday at 10 p.m. on FX.

Navid Negahban talks about his royal roles in 'Legion,' 'Aladdin'

The actor opens up about playing two very different kinds of monarchs.

MATT JUUL
matthew.juul@metro.us

Navid Negahban had just finished filming in a whole new world for the live-action "Aladdin" movie when he got the call from "Legion" creator Noah Hawley.

Following the departure of "Wonder Woman" actor Saïd Taghmaoui, the second season of FX's Marvel series needed someone to play Amahl Farouk, an evil, telepathic mutant known as the Shadow King who can take over people's minds and bodies, and also likes to cut a rug when the mood strikes. While the X-Men villain and Hawley's take on the world convinced Negahban to join the project, he didn't have much time to work, as they only had a few weeks to reshoot all of Farouk's scenes.

Luckily, the actor had a quite a few stars help him nail down the part, as the Shadow King has also taken up residence in the minds of Aubrey Plaza's Lenny, Jemaine Clement's Oliver, as well as Dan Stevens' David, the show's main protagonist. Negahban praises his co-stars for their insight into the complex and strange villain.

"Aubrey had done such an amazing job creating the blueprint for the character. She set up a very high standard," Negahban says. "Dan and Aubrey, they already set up the feel for the character. I had to come in and be their student."

Ahead, we chatted with Negahban more about his royal roles in "Legion" and "Aladdin."

GETTY

Since "Legion" is such a trippy show, were there any challenges to playing the Shadow King?

The challenge, for me, was just to step away and let [the Shadow King] take over. He's speaking four different languages. The character has been around since the beginning of the universe. The Shadow King, on its own, was such a huge world to jump in. The way that, for example, David sometimes is lost in his mind and flying around, hovering and seeing everything and then doesn't know where he is and what he's doing—that basically was the journey, that was my path.

What makes the Shadow King such a terrifying villain?

I think his sense of truthfulness. That's what makes him scary. He is so unpredictable. He has lots of sorrows inside and it comes out, but at the same time, there's a creepy gentleness about him, I feel. Nobody sees himself as a villain. I don't think he looks at himself as a villain.

Can fans expect you to show off any dance moves in season two?

You might see some moves. I don't think that I'm going to be able to keep up with Dan and Aubrey.

Navid Negahban takes on the role of the Shadow King in season two of "Legion." MATTHIAS CLAMER / FX

You've played a lot of bad guys over the years. Was it nice to play a good guy for once as the Sultan in the live-action "Aladdin" movie?

It was so much fun. It was like being on a playground. The character, he's a goofy, sweet, at the same time troubled father, who's worried about his daughter. You will enjoy that movie. I don't know how much I can talk about it, but it's not exactly what you remember from the animation film. You go deeper into the characters. You will see more of the backstories of each these characters. Especially working with Guy Ritchie — he has his own sense of humor.

Do you think "Aladdin" will follow in the footsteps of "Black Panther" and provide a significant, pop culture moment for Middle Eastern communities?

I hope so. The whole production team and even Guy, they were very respectful to the cultural elements of this film, to the background of each character. They were trying to respect and honor that part of the world, Middle Eastern culture. You will see it in the film. That's one of the things that I'm excited about because, even the casting of the film, it took so long because they were so determined to find the right actor. It wasn't that much about the Hollywood standards and big names, it was about the right actor to play the right part.

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Joshua.Crouthamel@metro.us

Eat it or leave it, diversify your diet with a visit to the most inclusive food fest the city's ever seen. BRAND TREE MEDIA

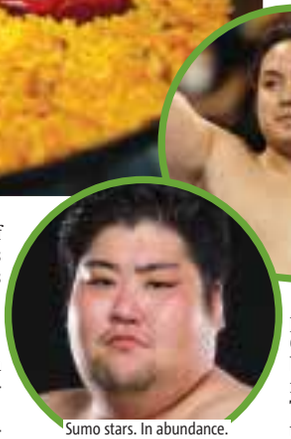
In just a few weeks, The World's Fare will pay homage to the great Fair of 1964 by bringing over 100 food vendors as well as scores of artists and cultural performances to Queens. And much like the event held 54 years ago, this is going to go down in the history books.

Joshua Schneps is a local foodie who decided that, as Queens is already home to the most diverse food scene in the country (let alone the city), as well as a great venue (Citi Field), it only made sense to put on a global eat-drink-and-experience event worth traveling to from every corner of the globe. Literally.

As such he's arranging for Japan's largest sumo stars to join chefs, food truck up-and-comers, craft brewers and performance artists for a two-day takeover focused on diverse tastes, regardless of your palette.

On April 28 and 29 over 100 vendors will descend on Citi Field, creating an Epcot-like atmosphere in the proximity of Flushing Meadows Corona Park. "The World's Fare is an opportunity for visitors to experience the great diversity of our city," Schneps tells Metro. "Everyone shares a love of food and we believe that shared passion is a great way to bring people together and gain new insight into different cultures."

Beer fans will be catered for with over 80 brews on tap in an outdoor beer garden (don't let the current snow accumulation put you off). All tickets include full-day access to The World's Fare, but visitors purchasing tickets to The International Beer Garden will have an opportunity to have unlimited tastings of craft beer from around the globe in souvenir tasting mugs. "It's a unique opportunity to have such a great selection of beer and food in one place," adds Schneps.



Sumo stars. In abundance. USA SUMO

Two "big" celebs who will be in attendance are Yama and Takeshi — sumo stars from Japan. Yama is a two-time World Sumo Champion, and weighing in at 600 pounds is known for being "the heaviest Japanese person in history." Takeshi is the current undefeated open-weight champion, which means he's taken on wrestlers nearly double his size (of 260 pounds).

LEGO kits will be provided as a bit of creative inspiration at an artist's 6-foot tall installation, a Japanese calligrapher will be offering regular classes, attendees will be invited to contribute to a "unity mural," 4-dimensional chalk art will bring unbelievable scenes to life, a pizza chef who specializes in Napolitano 'za will offer classes in the art of the crust, and a whole lot more.

The World's Fare is also a charitable venture — money from every ticket sale goes towards The Melting Pot, a culinary training program with a focus on healthy, accessible cuisine in Brownsville. And in addition to offering up real estate to world-class chefs, spots will be donated to The Street Vendor Project, which is a collective of the mostly immigrant, mostly people of color who work hard every day to bring treats to the streets of New York.

For more information, or tickets (from $19) visit theworldsfare.nyc.

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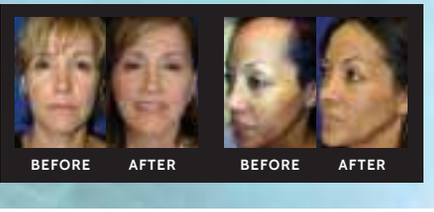

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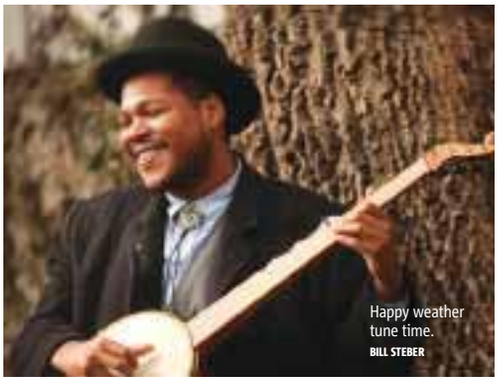
The best things to do in NYC all month long

While the weather may get a little temperamental, don't let that keep you from all the amazing things to do in New York City in April. **EVA KIS**

Don't be put off by one pesky snowfall. Spring has arrived. Here are some ideas throughout the city to help you get into warm-weather, outdoor activity mode.

See the cherry trees bloom
There's no better place in the city to see cherry trees than Brooklyn Botanic Garden, where over 200 of them line its Cherry Esplanade and dot the gorgeous landscape of its Japanese Hill-and-Pond Garden. The first blooms have officially been sighted — you can keep track via the garden's Cherrywatch — and it all culminates with the annual Japanese cultural extravaganza Sakura Matsuri on April 28-29.

Stomp and holler at the Brooklyn Folk Festival
Immerse yourself in Americana, from bluegrass to jug bands, banjo and string bands, as well as the folk music of the world at the Brooklyn Folk Festival. More than three dozen acts will perform during the three-day festival at St. Ann's Church, plus screenings, dancing and the first-ever fiddle contest (no soul wagering, please). *April 6-8, $25 and up, brooklynfolkfest.com*


Happy weather tune time. BILL STEBER

Take your sports back outdoors
Whether it's tennis on the clay courts of Prospect Park, jogging alongside the blooming trees around Central Park's reservoir or hiking in Queens' Forest Park, warmer weather means it's time to take your recreation back outdoors. The city's parks have tons of free events and classes for all skill levels. *nycgovparks.org*

The most fun fight of the year
It's all the fun of a sleepover with none of the awkward late-night confessions when Pillow Fight NYC returns to Washington Square Park. It's free to join, and you can really get into the event by either wearing pajamas or dressing for the annual theme:

continued on next page

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This free information kit contains a video and report that will also explain the two arthritis treatments paths you should know about and what "Precision Arthritis Targeting Technology" is and why it has already helped so many arthritis sufferers.

How To Get Your Information Kit…

All you have to do is go to **painmdny.com/knee** and click the button that says "Click here to get a free knee arthritis treatment info kit."

Then put your name and email address in the space provided and you will be emailed a video and PDF report detailing what treatment options could be the best for your arthritis pain and how we might be able to help you.

We will also send you a way to get a free screening to see if you qualify for one of the advanced medical treatments. ***It is 100% free with no further obligation.***

If you are interested in the screening… awesome. If not, that's ok, too... at least you will have all the information and options.

And if you don't have email...

you can click the red "knee pain" button and you will instantly watch a video detailing some of your best options. If you are looking for proof... I think you will find it on this website.

After getting this information and watching the video... you will breathe a big sigh of relief knowing what your best options are and what treatments might finally relieve some or even all of your knee arthritis pain.

And let's be crystal clear about this… NYC Pain MD is a real medical clinic with real medical doctors.

You will be getting real quality information about real medical treatments.

This is NOT some fake "wonder cure." In fact… you will NEVER see any guarantee of results. This is because… in the world or science and real medicine… Guaranteeing results is impossible.

Every patients is different… and so are the results. Any doctor (or marketer!) telling you different is lying to you. I have seen some of the "miracle cure" ads that are everywhere. I bet you have too.

That being said… We will be completely upfront and honest with you. Refreshing... isn't it?

So… if you are looking for up to date... honest information about some of the best possible medical treatments for knee arthritis pain…

Go here **painmdny.com/knee** and request the information kit or just watch the videos on that page.

Or if you would like to reserve a free screening before they are all gone call 800-301-4250 right now.

Space Ponies. You can BYO pillow (soft and feather-free) or donate $5 to the Mattress Firm Foster Kids program and pick one up at the Mattress Firm in NoHo. ***April 7, 3-5 p.m.***

Be there for Broadway's biggest season
Some of the most anticipated shows of recent history are coming to Broadway this season. Tina Fey takes the writing helm again for the "Mean Girls" musical opening April 8; the award-winning stagecraft and original London main cast of Harry Potter and the Cursed Child.

Honor brunch's best cocktail
The Bloody Mary Festival is two and a half hours of tasting your way through some of the best takes on the cocktail from bars and restaurants around the city at Grand Prospect Hall in Brooklyn. There'll be food, too, plus live music and entertainment. ***April 8, $50, thebloodymaryfest.com***

Rejuvenate during Spa Week
Have you spring cleaned your body? Give yourself the same attention you give your apartment to get it ready for the new season during Spa Week, when treatments like a chemical-free Jet-3D Peel or laser hair removal are offered for just $50 at some of the best salons in the city. There's no limit on the number of sessions you can sign up for, making it a great value for spa addicts and an easy intro for newbies. ***April 16-22, spaweek.com***

Meet the celebrities of the chili world
It's worth the trek to Staten Island for Historic Richmond Town's annual NYC Chili Cookoff. The official New York state cookoff event of the International Chili Society, this is where you'll find unlimited chili tastings by some of the East Coast's best cooks accompanied by live entertainment and some very serious judging. ***April 21, noon-4 p.m., $15 adults, $8 kids***

GETTY IMAGES

Taste the hottest food festival
Dubbed a "two-day tribute to all things spicy," the New York Hot Sauce Expo will feature unlimited samples by over 50 craft hot sauce makers from around the world. While that may test your tastebuds, it's nothing compared to the competitors who'll take to the Stage of Doom for competitions each day, including a Guinness Book of World Records attempt. There'll be plenty of food to try your sauces on, plus beer and cocktails. ***April 21-22, $10-$100, eventbrite.com***

GETTY IMAGES

Crown the king of brisket
Could a Brit upset the smoked meat game at this year's Brisket King? Be part of the barbecue-loving crowd to decide the winner among local favorites including Fatty Cue and Hill Country as well as imports from Toronto, Memphis and beyond vying for glory, plus lots of beer, cider and spirits. ***April 25, 6-9:30 p.m., 110 Kent Ave., Brooklyn, $75-$1,000, brisketking.com***

Explore coffee's local history
If you think New York just drinks coffee, let the Brooklyn Historical Society's panel of experts, business owners and thinkers illuminate you at Roasted: The History of Coffee in NYC. Hear about the Gillies Coffee Company, founded in 1840, and how Brooklyn Roasting Company is changing the game and more of the city's "caffeinated history." ***April 26, 6:30 p.m., $10, brooklynhistory.org***

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Vigneault's future with Rangers hinges on youngsters

AV could be coaching his final games at MSG.

JOE PANTORNO
joseph.pantorno@metro.us

Alain Vigneault's ability to coach the younger players might save his job as Rangers head coach. GETTY IMAGES

Just three games remain in the New York Rangers' 2017-18 season, one that will end prematurely compared to the better part of the last 14 years.

At 34-36-9, the Blueshirts will miss the playoffs for just the second time since the 2003-04 season, a swift fall from grace ushered by a firesale at the trade deadline in late February.

New York was a fringe playoff team at best prior to trading away Rick Nash, Nick Holden, J.T. Miller and captain Ryan McDonagh after a swoon to start the new calendar year. But the trades all but sealed their fate before the page flipped to March.

It's only strengthened the questions around head coach Alain Vigneault's job security, an issue that has been a thought in the back of the minds of many even at the start of the season in which the Rangers started the year 2-6-2 in their first 10 games, eight of them coming at home.

While he made the postseason in each of his first four years as head coach, Vigneault only made the Stanley Cup Finals once, a disappointing fact considering the Rangers had one of the greatest goalies in NHL history, Henrik Lundqvist, in his prime.

This season as a whole has been enough evidence for plenty of Rangers fans to call for a new head coach. Even when the team was at full strength, they were wildly inconsistent with a defense that was leaving the now-aging Lundqvist out to dry on many occasions.

For the past month, Vigneault has been attempting to navigate a semi-rag-tag team through the final stretch of the season and has gotten points in 10 of 16 games since the trade deadline.

Now in the final games of this disappointing season, the Rangers finally called up two of their top prospects in 18-year-old Filip Chytil and 19-year-old Lias Andersson to give the organization and its fans a glimpse of the future.

Chytil, taken 21st overall in last year's draft, made the team to start the season but was sent down after just two games as it was abundantly clear that he wasn't ready to contribute at the NHL level yet. After being called up on Mar. 26, the Czech native has a goal and an assist in four games while looking far more aggressive compared to the start of the season. He has 16 shots on goal since being recalled after having none in his first two games back in October.

There was considerably more hype around Andersson though, taken 14 picks before Chytil in the first round of the draft. The Swedish center put up six goals and seven points in seven games at the 2018 World Junior Championships for his home nation while compiling five goals and nine assists in 24 games with the Rangers' AHL affiliate in Hartford.

Called up on the same day as Chytil, Andersson also has a goal and assist during his brief NHL debut.

They are just two youngsters in a Rangers team that features plenty, especially on the blue line. During their last game on Saturday against the Carolina Hurricanes, Vigneault rolled out a defense of Marc Staal, Neal Pionk, Brady Skjei, Ryan Sproul, Rob O'Gara and John Gilmour. Five of the six are 25 and under while Pionk is just 22.

Rangers brass will undoubtedly be looking at how Vigneault has been coaching the younger players. If they notice a considerable improvement in their play throughout this final stretch, than Vigneault's status as head coach might not be as doomed as many make it out to be.

LIAS ANDERSSON

Who could Rangers, Islanders take in 2018 NHL Draft?

Somehow, some way, the 2017-18 NHL regular season will come to a close in less than a week, bringing in the offseason for almost half of the league.

For the first time this decade, there will not be a team from New York in the playoffs as both the Islanders and Rangers are wrapping up disappointing seasons. As for the team in western New York, the Buffalo Sabres, they are among the worst teams in the NHL, which could yield one of the biggest rewards this summer.

While a month has passed since we released our first mock draft, we (nor anyone else) has changed our views on Swedish defenseman Rasmus Dahlin, the overwhelming favorite to be taken first overall in June.

1	SABRES RASMUS DAHLIN, D	7	ISLANDERS NOAH DOBSON, D	13	STARS BARRETT HAYTON, C	19	COLUMBUS JESPERI KOTKANIEMI, F
2	SENATORS ANDREI SVECHNIKOV, F	8	OILERS EVAN BOUCHARD, D	14	PANTHERS JOE VELENO, C	20	KINGS RYAN McLEOD, F
3	COYOTES BRADY TKACHUK, LW	9	B'HAWKS ISAC LUNDESTROM, F	15	COLORADO QUINN HUGHES, D	21	SENATORS JETT WOO, D
4	HABS FILIP ZADINA, RW	10	RANGERS BODE WILDE, D	16	DEVILS SERRON NOEL, RW	22	DUCKS ALEXANDER KHOVANOV, C
5	CANUCKS OLIVER WAHLSTROM, F	11	CAROLINA JOEL FARABEE, LW	17	FLYERS TY SMITH, D	23	WILD JACOB OLOFSSON, C
6	DETROIT ADAM BOQVIST, D	12	ISLANDERS GRIGORI DENISENKO, LW	18	FLYERS RASMUS KUPARI, C	24	SHARKS RASMUS SANDIN, D

25	TORONTO JARED McISAAC, D
26	BLUES BENOIT OLIVIER-GROULX, C
27	RANGERS DOMINIK BOKK, LW
28	CAPITALS RYAN MERKLEY, D
29	DETROIT AKIL TOMAS, C
30	RANGERS K'ANDRE MILLER, D
31	B'HAWKS MARTIN KAUT, RW

Burke could be PG of Knicks future

Once considered a draft bust, Burke continues to impress in New York.

JOE PANTORNO
joseph.pantorno@metro.us

Less than three months ago, Trey Burke was an afterthought when looking at point guards among the NBA landscape.

Taken ninth overall in the 2013 NBA Draft by the Minnesota Timberwolves and subsequently dealt to the Utah Jazz, the Michigan product never reached his true potential as developmental issues saw him fall out of favor in a crowded backcourt in Salt Lake City.

After three years in which he averaged 12.1 points per game while shooting just 38.4 percent from the field, he was traded to the Washington Wizards where he appeared in 57 games as a seldom-used bench option behind John Wall.

His five points per game did little to help him secure a job heading into free agency last summer and no one came calling. So he did the work himself, reaching out to New York Knicks general manager Scott Perry, a former Michigan assistant, for a chance.

In October, Burke was signed and sent to the G-League where he stayed until being called up by the Knicks after Ramon Sessions was waived.

While he was still joining a backcourt that included rookie Frank Ntilikina and veteran Jarrett Jack, Burke worked his way to regular playing time by quickly showed that he was a completely different player.

"I'm a different person. I'm married now, more mature," the 25-year-old said (h/t Vince Ellis, Detroit Free Press). "Through experience, sometimes in this profession, you have to go through some of the things, some of the trials and tribulations as a player, to get to the point you want to get, to get your full potential out to who you can be as a player. I think all of those things are helping me now."

Trey Burke is making a strong case as to why he should be the Knicks' starting point guard next season. GETTY IMAGES

In 31 games, Burke is averaging 12.6 points and 4.4 assists per game with New York; numbers that don't necessarily jump off the page. But since getting a DNP (did not play) on Feb. 22, Burke has averaged 16.3 points per game, including a 42-point effort on Mar. 26 against the Charlotte Hornets.

His success has forced head coach Jeff Hornacek to relegate Jack to the bench, the veteran having appeared in just one game since Feb. 22, while moving Ntilikina to more of a shooting guard role. Mudiay was given the starting role at point guard since his arrival from Denver, but Burke's hot hand has earned him starts in each of the last four games.

There is no reason why he should relinquish the role, either. In those four starts, Burke is averaging 24.3 points, including that monster 42-point performance, with nine assists per game.

What's most impressive is his efficiency on the floor as he's shooting 51.7 percent from the field. Philadelphia 76ers phenom Ben Simmons is the only point guard that has played as many minutes as Burke this season and has a higher field-goal percentage.

It's a lone bright spot in a Knicks season that has been dreadful ever since Kristaps Porzingis' season-ending injury back in February, one that should be rewarded. While the organization will likely have an obligation to give the 19-year-old Ntilikina and 22-year-old Mudiay playing time moving forward — unless Perry and team president Steve Mills make drastic moves over the summer — Burke's performance should make him an obvious front-runner for the starting job come next year.

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Giants slated to take USC QB Sam Darnold in 2018 NFL Draft

Football fans and pundits alike have spent a majority of the winter wondering how the first two selections of the 2018 NFL Draft will play out.

With less than a month to go until the clock starts, the overwhelming consensus will be that the Cleveland Browns and New York Giants will select a quarterback with the first two selections.

Wyoming quarterback Josh Allen shot up as a favorite for the Browns, who hold the No. 1 pick, thanks to an impressive showing at his pro day on March 23. However, he is just one of four quarterbacks that could be taken in the top 10 alongside USC's Sam Darnold, UCLA's Josh Rosen and Oklahoma's Baker Mayfield.

Should the Browns take Allen, the Giants pick at No. 2 now seems to be clear.

"A handful of NFL scouts" and executives have told Bleacher Report's Matt Miller that if the Browns do indeed take Allen, the Giants will take Darnold out of Southern California.

USC QB Sam Darnold GETTY IMAGES

Darnold has long been considered one of the crown jewels of this year's draft after a successful 2016 freshman season with the Trojans in which he passed for over 3,000 yards with 31 touchdowns and just nine interceptions.

While his passing numbers increased, his efficiency took a hit in 2017 as his completion percentage dropped four points while throwing 26 touchdowns to 13 interceptions.

His turnover issues and poise in the pocket were called into question at times, but a sterling performance in his pro day at USC in a torrential downpour stifled plenty of those concerns.

It looks to be enough to sway the Giants to take Darnold as a possible successor to Eli Manning, who is still slated to be the team's No. 1 quarterback at the start of the 2018 season. Davis Webb, taken in the third round last year out of Cal, has also been considered a long-term option depending on his development.

The choosing of Darnold would mean New York would pass on Penn State running back Saquon Barkley, considered the most electrifying talent available in the draft. Considering the New York Jets will also take a quarterback at No. 3, Barkley could very well fall to the Browns at No. 4.

JOE PANTORNO

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INDEX NO. 19399/2013
Peter M. Wolf, Esq., Referee

NOTICE OF FORMATION of A Talent Toolbox, LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 02/15/2018. Office location: Bronx County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o United States Corporation Agents, Inc., 7014 13th Ave., Ste. 202, Brooklyn, NY 11228. The principal address of the LLC is: 5700 Arlington Ave., # 3B, Bronx, NY 10471. Purpose: any lawful act or activity

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LEGAL NOTICES

NOTICE OF SALE
SUPREME COURT:
QUEENS COUNTY
MASTER HOLDING INC.;
Plaintiff (s) vs. GURU P. HARIPRASAD; et al; Defendant (s)
Attorney (s) for Plaintiff (s): ROSICKI, ROSICKI & ASSOCIATES, P.C.,
2 Summit Court, Suite 301,
Fishkill, New York, 12524,
845.897.1600
Pursuant to judgment of foreclosure and sale granted herein on or about March 1, 2018, I will sell at Public Auction to the highest bidder at the QUEENS COUNTY SUPREME COURT, located at 88-11 SUTPHIN BOULEVARD, JAMAICA,
NEW YORK, IN COURTROOM #25.
On April 27, 2018 at 10:00 am.
Premises known as 90-60
180 STREET, JAMAICA, NY 11432
Block: 9896 Lot: 78
All that certain lot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough and County of Queens, City and State of New York.
As more particularly described in the judgment of foreclosure and sale. Sold subject to all of the terms and conditions contained in said judgment and terms of sale.
Approximate amount of judgment $612,872.98 plus interest and costs.
INDEX NO. 704917/2014
Peter M. Wolf, Esq., Referee

NOTICE OF SALE
SUPREME COURT
COUNTY OF QUEENS FEDERAL NATIONAL MORTGAGE ASSOCIATION, Plaintiff(s), Index No. 710842/2015 Against HELEN JENNINGS, ET AL., Defendant(s) Pursuant to a Judgment of Foreclosure and Sale, duly entered in the Queens County Clerk's Office on 2/6/2018, I, the undersigned Referee, will sell at public auction in Courtroom #25 of the Queens County Supreme Court, 88-11 Sutphin Boulevard, Jamaica, NY on 4/20/2018 at 10:00 am, premises known as 13045 224th Street, Springfield Gardens, NY 11413, and described as follows: ALL that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Fourth Ward, Borough and County of Queens, City and State of New York, and designated on the tax maps of the Queens County Treasure as Block 12902 and Lot 14. The approximate amount of the current Judgment lien is $539,947.12 plus interest and costs. The premises will be sold subject to provisions of the aforesaid Judgment of Foreclosure and Sale; Index # 710841/2015. Donna Furey, Esq., Referee McCabe, Weisberg & Conway, P.C. 145 Huguenot Street, Suite 210 New Rochelle, NY 10801
Dated: 2/16/2018
File Number: 560-6411

NOTICE IS HEREBY GIVEN that a license, Number 1309281, for Beer & Cider has been applied for by the undersigned to sell Beer & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 135-15 Lefferts Blvd., Ozone Park, NY 11420. Queens County, for on-premises consumption. New Brisas Latinas Bakery/Restaurant Incorporated d/b/a New Brisas Latinas Bakery Restaurant

LEGAL NOTICES

NOTICE OF FORMATION of T.U Sound LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 12/19/2017. Office location: Bronx County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 3308 Lurting Ave., Bronx, NY 10469. Purpose: Providing DJ services and quality Caribbean events in the Tri-State area.

NOTICE IS HEREBY GIVEN that a license, Number Pending, for On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail in a Restaurant, under the Alcoholic Beverage Control Law at 4720 Center Blvd., Space C, Long Island City, NY 11109. Queens County, for on premises consumption. BLVD LLC

NOTICE IS HEREBY GIVEN that a license, Number Pending, for On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail in a Restaurant, under the Alcoholic Beverage Control Law at 261 Hudson St., New York, NY 10013. New York County, for on premises consumption. Whitmans 261 Hudson LLC

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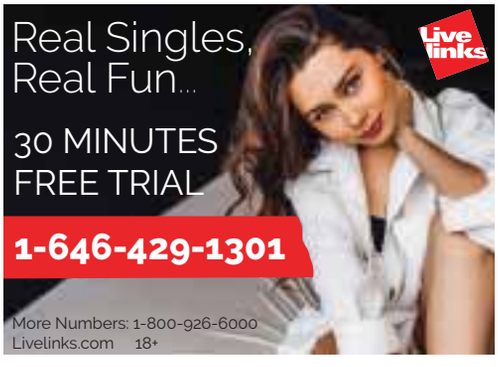

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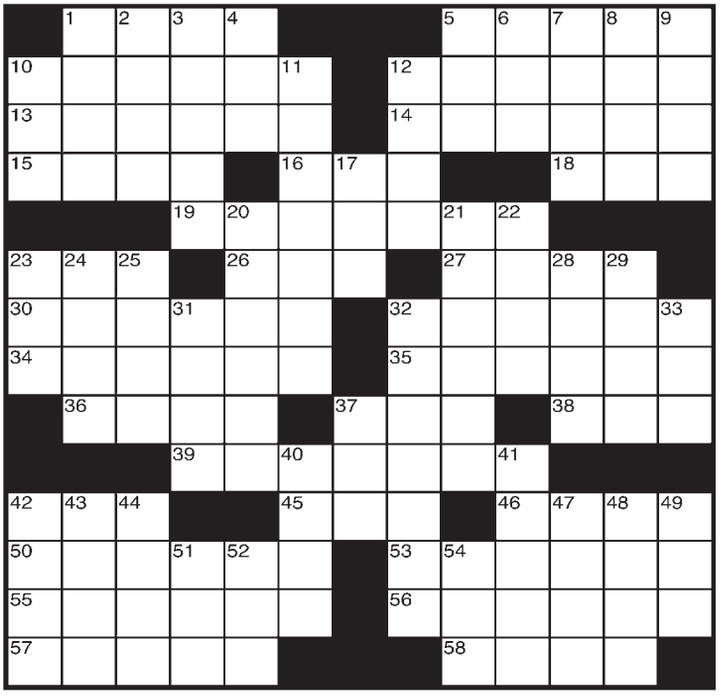
metro.us/crossword

ACROSS

1 Price paid
5 Raised the stakes
10 Super Bowl LII winners
12 By mouth
13 Texas border town
14 Money earned
15 Patella site
16 Bon Jovi of rock
18 -- and don'ts
19 Doorbell ancestor
23 Watchdog org.
26 Loophole
27 Big horn
30 A Wright brother
32 Brisk
34 Motif
35 Natural
36 Actress -- Freeman
37 Frat letter
38 Python
39 Kind of limo
42 Tummy muscles, in the gym
45 Mature
46 Natural resources
50 Voting minimum
53 Mutiny
55 Ballpark figures?
56 Compass part
57 Lagoon boundary
58 Fiesta cheers

DOWN

1 "Brian's Song" star
2 Man-eating giant
3 Like healthy fur
4 Mr. Danson
5 Ode inspirer 6 Felt boot
7 Tramp (along)
8 Dagwood's neighbor
9 Pigments
10 Antlered animal
11 Brief stay
12 Ape a pig
17 Mo. for Libras
20 Nutty confection
21 Cultural
22 Total
23 DVD remote button
24 Carpe --!
25 To boot
28 Be indiscreet
29 Palo --, Calif.
31 Dumpsters
32 Rainwater catcher
33 Bleachers shout
37 Hat-room fixture
40 Plays bumper cars
41 Shack
42 Seascape hue
43 Roman sculpture
44 Carnaby Street locale
47 Took the trolley
48 Building extensions
49 Sault -- Marie
51 Family mem.
52 Search engine find
54 Fair-hiring letters



metro.us/sudoku

easy

	5		1	8	4	6		
8				6		4	2	1
	6							9
4		9						
	2			9			1	
						9		8
5							8	
3	4	1		7				2
		6	5	3	9		7	

hard

					6	9	5	
4	9	7			3			
5	6		1					3
		9			1			
6		1				3		8
			6			5		
9					7		1	5
			5			4	3	6
	3	5	4					

metro.us/horoscopes

Aries Put responsibilities you took on behind you and cover your back when dealing with a critical or negative person looking for an excuse to make you look bad.

Taurus Take on only what you can handle. If someone tries to intervene or put too many demands on you, push back. Learn from experience and say no to controlling individuals.

Gemini Stay on top of technology and other breakthroughs that can help you advance. Make changes that will give you an edge and keep you ahead of any competition.

Cancer Keep tabs on personal records and documentation. Enforce updates before licenses or benefits have a chance to lapse. Staying on top of matters will be necessary.

Leo Take hold of any situation you face and do your best to make changes that will encourage success. A positive attitude will put you in a leadership position.

Virgo Taking care of other people's affairs can be taxing, but if you do so out of love, you will get something very special in return for your time and effort.

Libra Charm and diplomacy will help you deal with a difficult individual who tends to use aggressive and demanding behavior. Offer incentives, but don't give in.

Scorpio An exaggerated version of what's going on can be expected. Listen to what others have to say, and decide whether to use or pass along the information you receive.

Sagittarius You'll own the moment and stand out if you follow through with your plans and promises. Engage in talks that will generate positive changes.

Capricorn Emotional matters will escalate, pushing you to make a premature change or decision. Stop and consider the consequences of your actions before moving forward.

Aquarius An emotional leap of faith can lead to trouble. Question what's being asked of you before you agree to get involved, or someone will take advantage of you.

Pisces A suggestion will grab your attention. Find out more before you sign up for something that sounds too good to be true. Don't spend money you don't have. EUGENIA LAST

Yesterday's answers

H	A	I	K	U				V	I	E	W	S
A	D	O	R	N	S		T	E	N	D	E	R
D	A	N	I	S	H		W	R	I	S	T	S
			S	A	O		A	N	T			
R	E	D		D	O	O	N	E		P	T	S
E	L	I		D	E	N	G		M	O	A	T
V	I	V	A	L	D	I		D	E	M	U	R
O	X	I	D	E		O	P	E	R	A	T	E
K	I	D	D		U	N	I	T		D	E	W
E	R	E		D	R	Y	E	R		E	R	S
			S	O	B		C	A	B			
I	M	P	A	L	A		E	C	L	A	I	R
N	E	A	T	E	N		S	T	U	R	D	Y
C	A	R	E	D				S	E	N	S	E

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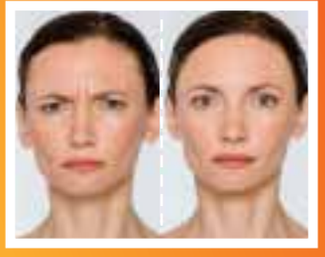

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1. Promotional APY of 1.60% will be effective for 6 months from the account opening date for all new Optimum Money Market Accounts for customers that qualify for Popular Gold Rewards that open between March 12, 2018 and May 15, 2018. Promotional APY of 1.55% will be effective for 6 months from the account opening date for all new Optimum Money Market Accounts for customers that qualify for Popular Silver Rewards that open between March 12, 2018 and May 15, 2018. Promotional APY of 1.50% will be effective for 6 months from the account opening date for all new Optimum Money Market Accounts that open between March 12, 2018 and May 15, 2018. You must be eligible for and maintain a Popular Prestige Checking account in order to qualify for Popular Rewards. Popular Rewards Terms and Conditions will apply. Please refer to "Your Guide to Popular Prestige Checking" and to the Popular Rewards Terms and Conditions for more information. Customers with a combined deposit and/or outstanding line of credit balances of $100,000 and more may qualify for Gold Rewards, and customers with a combined deposit and/or outstanding line of credit between $25,000 and $99,999.99 may qualify for Silver Rewards. After the 6-month period has ended, the promotional rate will be set to the standard rate at the time. The standard rate is a variable rate that is subject to change without notice. Fees may reduce earnings in the account. Popular Community Bank, in its sole discretion, reserves the right to change or terminate this offer at any time. This offer is available in all Popular Community Bank branches and via our website. To qualify for the promotional Annual Percentage Yield (APY), new or existing customers must open an Optimum Money Market Account with a required minimum balance and opening deposit of $10,000 in new money. New money is defined as deposits not previously held with Popular Community Bank. Please refer to "Your Guide to Optimum Money Market Account" for further details. Banco Popular North America is a Member FDIC institution and operates under the assumed name "Popular Community Bank" in the markets in which it operates. Accordingly, Banco Popular North America and Popular Community Bank are the same FDIC-insured institution. Copyright © 2018 Banco Popular North America. Member FDIC.